

FREE STYLE SCHEDULE: JANUARY 2024

30-minute Sessions (Dates & Times are Subject to Change)



Free Style: This is for Basic 3, Mite Hockey and above skaters/players or individuals taking private lessons with a coach.
 Skaters below basic 3 or hockey players below Mite level are NOT allowed to be on the ice unless they are in a lesson with a coach.
 Sticks and Pucks only allowed on Hockey Free Styles

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
UPDATED 1/3/24	1	2	3	4	5	6
	Rink 1 7:15am-9:15am 9:30am-11:30am 2:00pm-4:30pm	Rink 1 3:00-5:30pm	Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-6:45pm	Rink 1 5:45-8:15am	Rink 1 5:45am-8:15am	Rink 1 6:15am-7:45am
	Rink 2 2:30pm – 4:00pm (Hockey FS)	Rink 2 5:45-8:15am 8:30am-10:30am	Rink 2 3:45pm – 5:15pm (Hockey FS)	Rink 2 3:00pm-5:30pm 6:00am-8:00am (Hockey FS)	Rink 2 2:00pm-4:30pm 4:45pm-6:15pm	Rink 2 8:30am – 9:30am
	7	8	9	10	11	12
	Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-6:45pm	Rink 1 3:00-5:30pm	Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-6:45pm	Rink 1 5:45-8:15am	Rink 1 5:45am-8:15am	Rink 1 6:15am-7:45am
	Rink 2 4:00pm – 5:30pm (Hockey FS)	Rink 2 5:45-8:15am	Rink 2 3:45pm – 5:15pm (Hockey FS)	Rink 2 3:00pm-5:30pm 6:00am-8:00am (Hockey FS)	Rink 2 2:00pm-4:30pm 4:45pm-6:15pm	Rink 2 8:30am – 9:30am
14	15	16	17	18	19	20
Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-6:45pm	Rink 1 3:00-5:30pm	Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-6:45pm	Rink 1 5:45-8:15am	Rink 1 5:45am-8:15am	Rink 1 6:15am-7:45am	
Rink 2 4:00pm – 5:30pm (Hockey FS)	Rink 2 5:45-8:15am	Rink 2 3:45pm – 5:15pm (Hockey FS)	Rink 2 3:00pm-5:30pm 6:00am-8:00am (Hockey FS)	Rink 2 2:00pm-4:30pm 4:45pm-6:15pm	Rink 2 8:30am-9:30am	
21	22	23	24	25	26	27
Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-6:45pm	Rink 1 3:00-5:30pm	Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-5:45pm	Rink 1 5:45-8:15am	Rink 1 5:45am-8:15am	Rink 1 6:15am-7:45am 8:30am-9:30am	
Rink 2 4:00pm – 5:30pm (Hockey FS)	Rink 2 5:45-8:15am	Rink 2 3:45pm – 5:15pm (Hockey FS)	Rink 2 3:00pm-5:30pm 6:00am-8:00am (Hockey FS)	Rink 2 2:00pm-4:30pm 4:45pm-6:15pm		
28	29	30	31			
Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-6:45pm	Rink 1 3:00-5:30pm	Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-5:45pm	Rink 1 5:45-8:15am			
Rink 2 4:00pm – 5:30pm (Hockey FS)	Rink 2 5:45-8:15am	Rink 2 3:45pm – 5:15pm (Hockey FS)	Rink 2 3:45pm – 5:15pm (Hockey FS)			